Learning **Fertility***Care*

The CREIGHTON MODEL FertilityCare™ System is easy to learn!

The first step to learning the method is to attend an Introductory Session. These Sessions provide in-depth information on the most current, effective and scientific natural method of family planning. Anyone wishing to learn will receive a "Personal Fertility Kit" containing a book. Chart, and materials for one year and an appointment for Follow-Up.

Follow-Up Sessions are private sessions with a Certified FertilityCare Practitioner. There are 5 Follow-Up Sessions in the first 3 months and 3 additional Sessions scheduled every 3 months after that for a total of 8 Sessions over a one year period.

Introductory Session is $50 this includes a book, chart and stamps.
Follow-Up Sessions are $50
Payment can be made by check, Venmo or credit card.

Please call 603-759-0953 or e-mail MargueriteFertilityCare@gmail.com for the schedule of Introductory Sessions and contact

Adapted by Pat Hurd from an original painting

Marguerite d'Youville was a wife, mother and founder of the Sisters of Charity Montreal, Grey Nuns . Her life and commitment to the poor and to families are the inspiration for Marguerite d'Youville FertilityCare Services.

For more information or to schedule an Introductory Session contact:

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For more information on The Creighton Model FertilityCare System:

- www.fertilitycare.org
- www.aafcp.net
- www.naprotechnology.com

Marguerite d'Youville
FertilityCare™ Services

Providing Natural Procreative Choice for:

- **Achieving Pregnancy**
- **Avoiding Pregnancy**
- **Procreative Wellness**
- **Infertility Solutions**

An Affiliate of
FertilityCare Centers of America

What is The Creighton Model **Fertility***Care*™ System?

Fertility*Care* System works with NATURE offering:

- **Family Planning**
- **Alternatives to IVF**
- **Women's Health**
- **Infertility Solutions**

The System, developed at Creighton University School of Medicine in Omaha, Nebraska, is based on a woman's observation and tracking of biological markers that are present when she is fertile.

These markers undergo a progressive change throughout the cycle and are easy to learn, to observe and interpret. There are no internal examinations, calendars, or test strips involved.

The FertilityCare System has been extensively researched over the past 30 years and is scientifically based.

The system has a 99.6% effectiveness rate to avoid pregnancy and a very high effectiveness rate to achieve pregnancy. A Meta Analysis of five effectiveness studies has been published in the "Journal of Reproductive Medicine".

What is NaProTECHNOLOGY?

The FertilityCare System is the only medical model of natural procreative education.
The standardized and objective format has led to the development of a new reproductive and gynecological science called NaProTECHNOLOGY

Applications of NaProTECHNOLOGY

- Family Planning
- Infertility
- Miscarriages
- Premenstrual Syndrome (PMS)
- Dating Pregnancy
- Targeted Hormone Evaluation
- Targeted Hormone Replacement
- Identify Ovarian Cysts
- Monitor the Effects of Stress

Advantages of The Creighton Model **Fertility***Care*™ System

- Achieve or Avoid Pregnancy
- Does not Require Regular Cycles
- No Side Effects, Chemicals or Devices
- Inexpensive and Easy to Learn
- Shared Responsibility of Both the Man and Woman
- Effective Aid in the Diagnosis and Treatment of Infertility
- Alternative for Health-Conscious Women who don't Want to Use Pills or Foreign Substance
- Heightens a Couples Understanding of Their Bodies and Reproductive Life
- Can Be Used while Breastfeeding, Postpartum, Perimenopause and coming off of Hormonal Contraception
- Valuable Gynecological and Health Record

How the System works...

The System is based on the fact that a woman is fertile, that is able to become pregnant, for only a few days in each cycle. She can identify these days by observing and tracking biological markers.